



EMDE SPORTS CYCLING TEAM, ZUSTER CYCLING TEAM



PRESENT THE

2009 WASHINGTON STATE MASTERS CRITERIUM CHAMPIONSHIPS and WSBA JUNIOR TOUR POINTS RACE

Held under USAC PERMIT #2009-1233

Date: JUNE 27, SATURDAY - (downtown) CHENEY, WA (15 miles West of Spokane)

Directions to the race: From East or West I-90, take the Four Lakes/Cheney Exit 270. Follow Hwy. 904 for approximately 5 miles in to Cheney. Continue past Betz Road (Holiday Inn Express) on Hwy. 904 for just under 2 miles to downtown Cheney. Parking is on the streets on 1st Avenue and the blocks surrounding the course.

Course Description: A fairly technical 8-corner, 1 mile loop with a 3 block gradual climb and downhill with turns back to a straight and long start/finish. The course includes a loop through historic downtown Cheney and up to the campus at EWU. To view the course map, go to: <http://www.gmap-pedometer.com/?r=2608070>

Entry Fees: \$23.00 (except Junior's \$17.00) includes USAC insurance surcharges.

State Championship for Masters and Junior Tour Points Race: WA State Masters champions will receive medals 3-deep. This race also features points towards the WA Junior Tour Race Series.

Prize List: Master A Men (\$500) will go 5 deep and Master Women A (\$500) will go 5 deep with cash, \$1000.00 total. Other categories will receive merchandise prizes worth \$500.00.

Pre-Registration and Registration: Pre registration will be available at www.signmeup.com/64595. Day of race registration closes 30 minutes prior to the start of your race. A USAC annual license is required to race (www.usacycling.org). Registration will begin at 8:00 am on race day near the start finish area at Owl Pharmacy. Master Cat 5 men or Master Cat 4 Women must have annual licenses for championship events. No one day licenses for championship events. Online registration will be available until June 22, 2009.

Field limits: 100 for all categories. The minimum field limit for master's races is 10 which could result in combined master's races but with separate scoring. The promoter reserves the right to combine fields as necessary.

Rules: Free lap rule in effect until the last 5 miles/laps (8k) of the race and neutral support will be provided. Helmets are required and all USAC rules will be in effect. The promoter reserves the right to combine, modify or eliminate races as necessary.

Support: Joe Sandschulte will be providing support and it will be wheels in/wheels out most likely.

Race numbers: Please wear both WSBA numbers on the left and right side of the torso. Frame numbers should be worn as well. Number rentals will be available.

Timing: GC Racing will be timing and scoring the event.

Contact: For more information contact Marla Emde at marlae@spokanesports.org Contact phone: 509-363-6825
 OR go to: www.spokanesports.org

Thanks to our supporters... The City of Cheney, Spokane Regional Sports Commission, Hammer Nutrition and the Holiday Inn Express Hotel and Suites. Thanks to Owl Pharmacy, Ben Franklin, Cheney Safeway and Bumble Bar!



Host Hotel: The Holiday Inn Express in Cheney

111 Betz Road Cheney, WA 99004

Local number: 509-235-1100

Reservations: 1-888-235-1104

Hotel Amenities include: 24 hour indoor pool, wireless internet, refrigerators, coffee makers, microwaves, 24 hour Fitness Center, guest laundry, and more!

They feature a complimentary continental breakfast and are within 2 mile of the course! For special rates let them know you are with the Cycling Championships. **Room rates will be \$109.00 and you must BOOK YOUR ROOMS BEFORE JUNE 5TH for these prices. This is a very busy weekend (Hoopfest) in the Spokane area... book your rooms early!**

SCHEDULE OF EVENTS:

Category	Start Time	Time	Entry Fee	Prizes
Junior C/D (C ages 13-14, D ages 10-12) boys and girls scored separately	9:00 am	30 minutes	\$17.00	Merchandise
Junior A/B (A ages 17-18, B ages 15-16) boys and girls scored separately	9:40 am	40 minutes	\$17.00	Merchandise
Master Women A (35+ cat 1-3)	10:30 am	45 minutes	\$23.00	Medals/Merch and cash (5 deep w/ \$500.00)
Master Women B (35+ cat 4 OR 50+ cat 1-3)	11:25 am	40 minutes	\$23.00	Medals/Merch
KIDS BICYCLE RACES BOYS AND GIRLS AGES 6 under, 7, 8, 9 years	12:15 pm	Varied	FREE	Ribbons for all participating
Master Men D (age 50+ all categories)	1:00 pm	40 minutes	\$23.00	Medals/Merch
Master Men C (age 35+ cat 4/5 OR 45+ cat 3)	1:50 pm	45 minutes	\$23.00	Medals/Merch
Master Men B (age 35+ cat 3 OR 45+ cat 2)	2:45 pm	50 minutes	\$23.00	Medals/Merch
Master Men A (age 35+ cat 1,2)	3:45 pm	60 minutes	\$23.00	Medals/Merch and cash (5 deep w/ \$500.00)